



progressive aesthetic learning essential to technical expertise

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## HANDS-ON WORKSHOP REQUIREMENTS

Attendees will have the option to participate or observe during the hands-on training. If you are planning to participate, you must provide the following on-site:

- One model (Please note, we can only accommodate one model per attendee).  
**4 hour workshop: your model should plan to arrive no later than 1 hour after the start of the workshop. Full Day Workshop: please have your model arrive at 1:00pm.**
- Injectables and Medical Supplies (see suggested types/quantities below)
  - *You may use any FDA approved injectable products*

To participate in the PALETTE WORKSHOP, it is **mandatory** that you provide us with the following qualifying documents **AT LEAST 1 WEEK BEFORE THE WORKSHOP**. Please Fax to **646-786-4002** or **212-645-1120**.

### Mandatory Documents

- A copy of your State Medical License (and Registration, if your state requires one).
- Supervisory Physician Acknowledgement Form (If you are a nurse, nurse practitioner, physician assistant or other nurse wishing to inject during the Hands-On Session, you must provide us with a signed acknowledgement from your Supervisory Physician).

Please note: **if you do not provide us with these Mandatory Documents, you will not be able to participate in the Workshop. In addition, a photo ID must be presented at the workshop that matches your medical license.**

## INJECTABLE PRODUCT REQUIREMENTS

- Attendees are responsible for bringing their own product(s) for injecting during the hands-on session
- Albert Einstein College of Medicine, Scientiae, LLC and their affiliates are not permitted to offer any guidance related to acquiring product brands or other commercial interests

Attendees who plan on injecting during the hands-on training are required to bring the following supplies to the workshop (quantities are suggested; the needs of your consenting model's case may require adjustment of quantities):

- Injectable agents –
  - Vial of botulinum neurotoxin (for non-filler only workshops)
  - HA-based dermal fillers: # of syringes/boxes dependent of level/topic of workshop

<b>If injecting HA-based dermal filler: 4 vials of Hyaluronidase</b>
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- Topical antimicrobial/antiseptic skin cleanser
- 4 – 3 ml syringes
- 4 – 1 ml syringes
- 2 or 3 – 18-21 gauge needles
- 4 – 30 gauge, ½ in needles
- 1 bottle of saline solution for product reconstitution
- 4 sets of powder-free latex gloves
- A handful of alcohol swabs and sterile gauze
- 1 bottle of lidocaine with epinephrine (and one bottle without epinephrine, if preferred)

- Topical anesthetic of injector's choice
- Instant cold packs
- Cosmetic facial pencil for marking injection points

### **Rejuvenation Beyond the Face Featuring Poly-L-lactic Acid Workshops Only:**

(Treating Cellulite - Thighs and Buttocks, Rejuvenating the Neck and Décolleté, Rejuvenation Beyond the Face, and Rejuvenating the Arms and Knees)

- **Injectable agents –**
  - Vial of botulinum neurotoxin (for Rejuvenation Beyond the Face, Treating Cellulite - Thighs and Buttocks, and Rejuvenating the Neck and Décolleté.)
  - 2-4 syringes of the dermal of their choice
  - 2 vials of deoxycholic acid
  - 2-4 vials of poly-L-lactic acid
  - 2-3 vials of sterile water per vial of poly-L-lactic acid

<p><b>If injecting HA-based dermal filler: 4 vials of Hyaluronidase</b></p>
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- Topical antimicrobial/antiseptic skin cleanser
- 4 – 3 ml syringes
- 4 – 1 ml syringes
- 5-8 – 5 ml syringes–
- 2 or 3 – 18–21-gauge needles
- 4 – 30 gauge, ½ in needles
- 1 bottle of saline solution for product reconstitution
- 4 sets of powder-free latex gloves
- A handful of alcohol swabs and sterile gauze
- 1 bottle of lidocaine with epinephrine (and one bottle without epinephrine, if preferred)
- Topical anesthetic of injector's choice
- Instant cold packs
- Cosmetic facial pencil for marking injection points